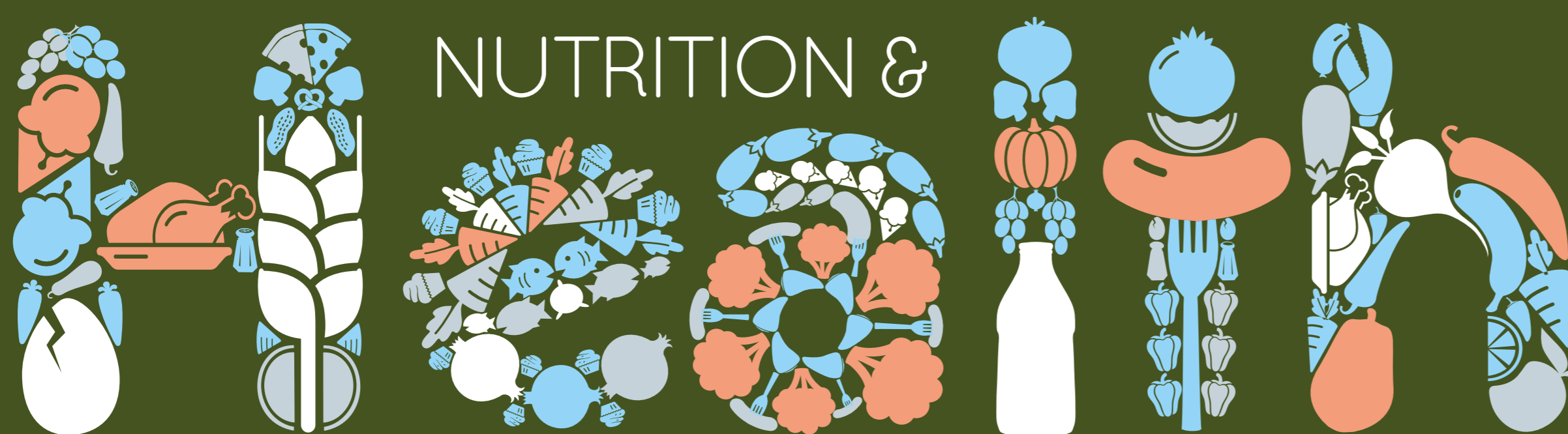


A conference for health and nutrition professionals

7TH MAY
2025



WHAT'S NEW?

W5, ODYSSEY
BELFAST

Understanding UNDERNUTRITION

PROGRAMME

5:00pm Arrival of delegates and refreshments

5:45pm **Professor Sean Strain, OBE**

ULSTER UNIVERSITY

Chairperson's introduction

5:50pm **Professor Jane Murphy**

BOURNEMOUTH UNIVERSITY

**Managing undernutrition in later life:
it's time to revisit and 'refresh'**

6:20pm **Dr Sinéad Furey**

ULSTER UNIVERSITY

**Food insecurity in children in the UK:
prevalence, causes and policy solutions**

6:50pm **Dr Anne Nugent**

QUEEN'S UNIVERSITY BELFAST

**Balancing the plate: nutritional
adequacy in sustainable diets**

7:20pm **Dr Sarah Bath**

UNIVERSITY OF SURREY

**Iodine deficiency and the role of milk:
past, present and future**

7:50pm **Q&A**

8:00pm **Close**

BIOGRAPHIES

Professor Jane Murphy

Jane Murphy is Professor of Nutrition, Registered Nutritionist and Dietitian. Her primary research interests are committed to promoting healthy ageing through better food and nutrition in older people, leading studies working with collaborators in the UK and internationally including Uppsala University in Sweden. She has led funded projects to improve food and nutritional care for older people living in care homes (**REFRESH trial**), people with dementia receiving home care (**TOMATO study**), and older people from diverse ethnic communities across the country (**TANGERINE study**). Jane sits on a number of national advisory boards and external committees and is committed to advancing the professional practice of nutritionists as elected Council member/Trustee and Honorary Treasurer for the Association for Nutrition (AfN).

Dr Sinéad Furey

Sinéad Furey is a Senior lecturer on the Food Business and Innovation undergraduate degree programme in Ulster University Business School, lecturing on food and consumer policy and legislation including active citizenship and sustainability. Her research interests are food insecurity and food policy. Her food insecurity research focuses on definition and measurement, and developing an associated risk indicator to map under-served areas with respect to food access and co-existing poverties. She is working with local councils to co-design food access interventions. In other food affordability research, she led an investigation of the types of food and drink on price promotion in retail outlets in the Republic of Ireland - the first island of Ireland research to consider consumers' awareness of, attitudes towards and behaviours around retail food promotions.

Dr Anne Nugent

Anne Nugent is a Registered Nutritionist, Reader in Nutrition at Queen's University Belfast and Visiting Associate Professor at University College Dublin. Her research interests focus on examining population intakes of foods and food supplements and how they relate to human and planetary health. She is interested in intakes of all constituents within foods - ingredients, nutrients and non-nutrients including food chemicals either present naturally, added intentionally or present as contaminants. Recent work has considered sustainability as an additional consideration within our diets and the challenges of moving towards diets which are both healthy for humans and the planet.

Dr Sarah Bath

Sarah Bath is Senior Lecturer in Public Health Nutrition at the University of Surrey and is a Registered Dietitian. She has been researching the effects and predictors of iodine deficiency for over 15 years. She has collaborated on projects to evaluate the effect of iodine deficiency in pregnancy on child neurodevelopment, using European population-based birth cohorts, and has shown that mild-to-moderate deficiency is associated with lower child IQ and reading scores. Dr Bath was a co-author of the WHO/Europe report on iodine deficiency in the European region that was published in June 2024. The current focus of her research group is on dietary sources of iodine, the variability of iodine concentration in cow's milk and milk-alternative products, and the effects of plant-based diets on the risk of iodine deficiency.

Professor Sean Strain

Sean Strain is Emeritus Professor of Human Nutrition at Ulster University. He is the founder and former director of the Nutrition Innovation Centre for Food and Health (NICHE) at Ulster. He is an author of over 300 peer-reviewed research publications and has attracted over £38M in external research funding during his career.

In 2002, he was elected a member of the Royal Irish Academy. He is a Fellow and former President of The Nutrition Society, and in 2014 he was awarded an OBE for services to nutrition research and education. He was President of the Board of the European Nutrition Leadership Programme, Vice-Chairman, Panel on Dietetic Products, Nutrition and Allergies (NDA), Chairman of the NDA Working Group on Claims, European Food Safety Authority, and Chair of the International Science Advisory Panel for the New Zealand Government funded, High Value Nutrition Programme.

BOOKING

There is no charge for this event.

Places will be allocated on a first come, first served basis. Bookings should be made no later than Friday 2nd May.

To reserve your place, please fill out our online booking form at:
www.dairyCouncil.co.uk/news/2025/03/nutrition-and-health-professional-conference

Or respond with your details to nutrition@dairyCouncil.co.uk

For further information please contact:
Dr Carole Lewis - 07740 683 999
or Dairy Council for Northern Ireland on 028 9077 0113



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